

## *For More Information*

Martin Housing Authority will provide equal access to all qualified persons based on program availability without regard to race, color, religion, sex, or national origin.

To see if you qualify, call the Case Manager at Martin Housing Authority.

### *Special Thanks to the following partners for making the ROSS Grant possible:*

- We Care Ministries, Inc.
- Northwest TN Economic Development Council
- UT Martin— Department of Nursing
- McWherter Weakley County Library
- Martin Police Department
- UT Extension Service
- Martin Fire Department
- City of Martin Parks & Recreation
- Northwest TN Human Resource Agency
- Northwest TN Area Agency on Aging & Disability
- Behavioral Healthcare Center at Martin
- Weakley County Health Department
- TN Quality Homecare

134 East Heights Drive  
Martin, TN 38237  
[www.martinhousing.org](http://www.martinhousing.org)

Phone: (731) 587-3186  
Fax: (731) 587-0019  
Email: [email@martinhousing.org](mailto:email@martinhousing.org)



### The ROSS Grant

For more information call: (731) 587-3186

## ***Resident Opportunities and Self-Sufficiency***

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The purpose of the Resident Opportunities and Self-Sufficiency (ROSS) program is to link elderly and disabled residents with supportive services such as meal delivery, transportation, medical screenings, and social activities, which will enable them to remain independent and avoid premature admission to nursing home care.



An important part of preventive health care is health screenings. ROSS offers a variety of health screenings throughout the year.

## ***Services Provided***

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### **Case Management:**

We can help you arrange transportation to and from your doctor's appointments, help fill out paperwork for social security or insurance purposes, and help you get your prescriptions filled. If necessary we can also help you find a doctor or find various testing sites for special conditions such as high cholesterol and diabetes.



### **Transportation:**

We do not want the lack of transportation to hinder our residents from attending educational trainings, special programs, doctor appointments, or simply picking up medication from the drug store. We will provide transportation vouchers for those residents who qualify.

### **Social Activities:**

Because we feel that all of our residents should have the opportunity to socialize, the ROSS grant program, will hold organized activities specifically for our elderly and disabled residents. Such activities may include bingo, meals, crafts, birthday parties, holiday celebrations, board games, music, and much more.



## **Who qualifies for these services?**

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Anyone who is:

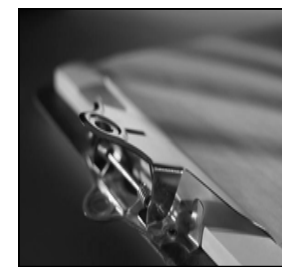
- receiving Social Security disability benefits
- 62 years or older

## **How to sign up?**

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Simply come by & see us at Martin Housing Authority or call us at:

**(731) 587-3186**



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